

Manager's Message



We had a lot of fun in September with the Fall Classic, Men's and Ladies' nights and we welcomed lots of new faces to our Adult Quick Start program. I would like to welcome our new members; many of whom have already joined the leagues, including the new USTA 2.5 team. We now look forward to a packed October with lots of team play, Men's night on Oct 8th and the C.A.T tournament, which we are delighted to be hosting again this year. Due to this busy schedule, Oktoberfest has been moved to November 1st. I guess we will just have to call it Novemberfest for this year! Many have said how much they like to use Facebook to check on the conditions of the courts at PRC. From October 1st I will only post on Facebook if the courts are not playable. If I have not posted anything then you know the courts are fine. For those who don't have their own Facebook page, you can access ours via the PRC website. GOOD LUCK to our Senior teams which have made it to State and will be going to Savannah this month. Just one request, please could you give the names of all the players when booking a court so that we avoid double bookings.

October Events:

8th Men's Night

24th - 27th CAT Tournament Adults (doubles)

26th Super Saturday for kids

November 1st - Oktoberfest (changed from original date of October 18th)

Tip of the Month by Vu Nguyen

Overheads

The overhead smash is a shot that at times can be hit with such authority that it is a huge confidence booster. On the other hand, it can also be a shot that is misplayed so badly that you just want to pretend it never happened! Below are some basic tips to become more consistent on overheads.

1. **Preparation:** The first thing that happens is that the shoulders and feet need to turn and the hands need to get the racket into the "up" position. Imagine a football quarterback getting set to throw the ball.
2. **Movement and Positioning:** One of the most common mistakes is to backpedal when attempting to track down an overhead. Once again, if you imagine a quarterback moving back in the pocket, you will notice that the feet cross over each other. This is the same movement you want to use when moving back for an overhead. As far as positioning, as often as possible, you want to keep the ball above and in front of you. If the ball drops too low or gets behind you, it will be very difficult to make clean contact and control the overhead.
3. **Striking the Ball:** While it is great to be able to smash the overhead for a winner, it is just as effective to hit the ball to the open space whether in singles or doubles. To this end, simply focus on an upward swing with a high contact point and directing the ball to the right place. This will usually result in either an unreturned ball or a weak reply which can then be put away more easily.

Shop Hours

Monday-Thursday 8am-12pm, 3pm-8pm

Friday 8am-12pm, 2pm-6pm

Saturday 8am-4pm

Sunday 12pm-5pm

The shop will also remain open if there are matches being played.

Manager to Director of Operations by Gary Henderson

Many have asked what practical differences they will see in my role now that I have become the Director of Operations at PRC. For many years now Gail and Craig have been the "go to" people for your suggestions, comments and complaints. They would now like me to take over that responsibility and to be your first port of call if you have something you would like to share, whether negative or positive! To this end, if you have any queries, suggestions, comments, complaints (or praise of course), please contact me in the first instance either at the club or on my mobile (706) 814 2768 and I will liaise with Gail and Craig if necessary.

September



Thanks to **Sig Cox Heating and Air** and **Taylor's Auto Group** for their continued support. Pictures from Ladies night, Men's night and fun times at the Fall Classic Doubles Tournament.

Juniors



Junior successes

- Finley Hain - First Place Boys 10's - Chik-Fil-A Junior Tournament
- Marielle Leahy - First Place Girls 14's - Chik-Fil-A Junior Tournament
- Connor Bowles - Second Place Boys 14's - Chik-Fil-A Junior Tournament
- Thomas Huff - First Place Boys 16's - Chik-Fil-A Junior Tournament
- Justin Horne - Second Place Boys 16's - Chik-Fil-A Junior Tournament
- Kylie Duckworth - First Place Girls 16's - Chik-Fil-A Junior Tournament
- Anneliese Leahy - First Place Girls 18's - Chik-Fil-A Junior Tournament
- Maddie Bailey - Second Place Girls 18's - Chik-Fil-A Junior Tournament
- Katharine Sherman - Second Place Singles and Doubles Girls 14's - SC Jr. State Open

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